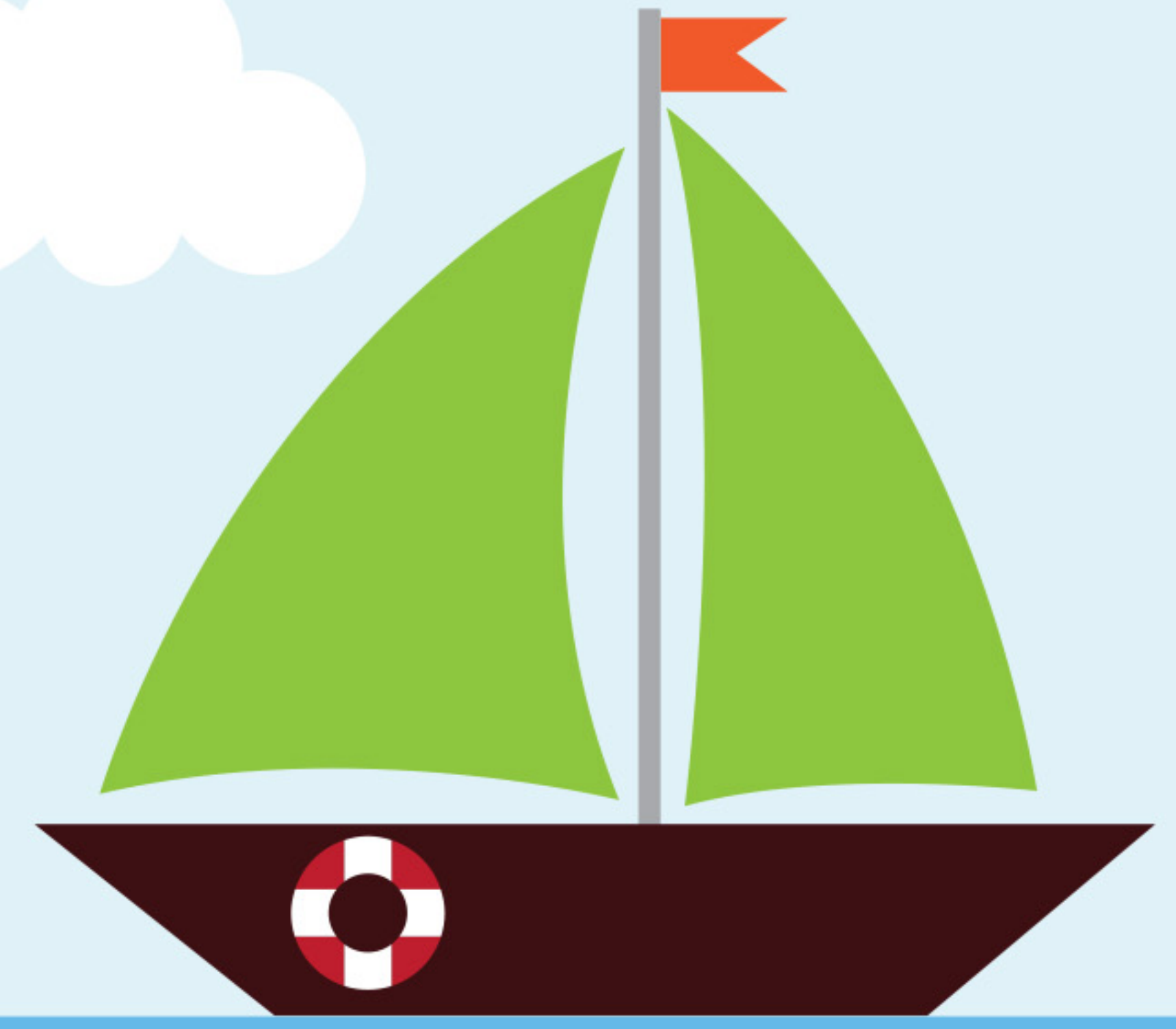


SEPARATORS



Congratulations on the start of your orthodontic treatment. We have placed little rubberbands called separators between your back teeth. Please know these are needed to help with placing the braces at the next appointment. Here are some quick tips for you regarding your separators.

- **Please allow 48 hours to get use to having separators between your teeth.**
- **Take Tylenol or Advil as needed for discomfort.**
- **Do NOT floss where the separators have been placed.**
- **Do NOT eat sticky candy or gum.**

If they come out or you have any problems contact our office at **904-249-0037**. Thank you and keep smiling!

—Dr. G and The Brace Place Team

