

APPLIANCES



THE BRACE PLACE
ORTHODONTICS
Josh Goldknopf, DDS, PA

Today your appliance has been placed and will be monitored throughout your treatment. This is a permanent appliance that cannot be removed. Here are some quick tips for you regarding your appliances:



- Please allow 48 hours to adjust to your new appliance.
- Take Tylenol or Advil as needed for discomfort.
- Do NOT eat sticky candy, gum or hard foods.
- If the appliance was to come loose or break, please contact our office.

Please contact us at **904-249-0037** if you have any further questions.
Thank you and keep smiling! —*Dr. G and The Brace Place Team*

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